

Me and My review 4-11yrs

One Minute Guide

A Child in Care Review is a meeting where you and people who care about you meet to look at how you are finding things.

It's important that everyone understands how you are feeling. To do this, please:

- Complete the quick check form
- Download the interactive Me and My Review booklet by scanning the QR code



VoiceAbility

- Get help from an advocate by scanning the QR Code or calling **0300 303 1660**



Ask your carer to send your forms to your Independent Reviewing Officer.

The Independent Reviewing Officer (IRO for short) is the person who helps you plan your review and will make sure your views are taken seriously.

You can talk to them in private about any worries before your review.

My IRO is called

Tel

