## My Children in Care (CIC) Review Form 4-11yrs

Soon it will be your Child in Care Review.

A meeting where you and people who care about you (such as your carers and social worker) meet with you to look at how you are getting along.

It's really important that you are involved in making decisions about your life so please fill in this form:



Name			
My Review Date			
l'd like			to come to my review
I'd like my review to b	e at		
☐ School ☐ Home	☐ Somewhere else		
l agree/ disagree			
I like where I am living now	☐ Yes	□No	
I'm happy at school	☐ Yes	□No	
I feel worried	☐ Yes	□No	
I feel listened to	☐ Yes	□No	
I'd like things to change	☐ Yes	□No	

Things that make me happy are:	
Things that make me sad are:	
Something I'd like to understand more about:	
A person I can talk to about most things:	
My favourite activities:	
One thing I'd like to do this year is:	

## You can also:

 Download the interactive Me and My Review booklet by scanning the QR code



 Ask your carer to help you fill in a Mind Of My Own statement.







Download on Browser, Apple iStore and Google Play

## **VoiceAbility**

 Talk to an advocate, scan the QR Code or phone 0300 303 1660



Thank you for telling us these important things. If you need to let us know anything else, please remember to tell your Independent Reviewing Officer when they visit you or at your review meeting.

Dear Carer,

Please return the form to the Independent Reviewing Officer before the meeting. Safeguarding & Reviewing Unit, Five Towns Centre, Castleford WF10 1DP or, scan or photograph and email to <a href="mailto:irocicreview@wakefield.gov.uk">irocicreview@wakefield.gov.uk</a>

