

Information for children about **SOCIAL WORKERS**

Please ask an adult to read this with you

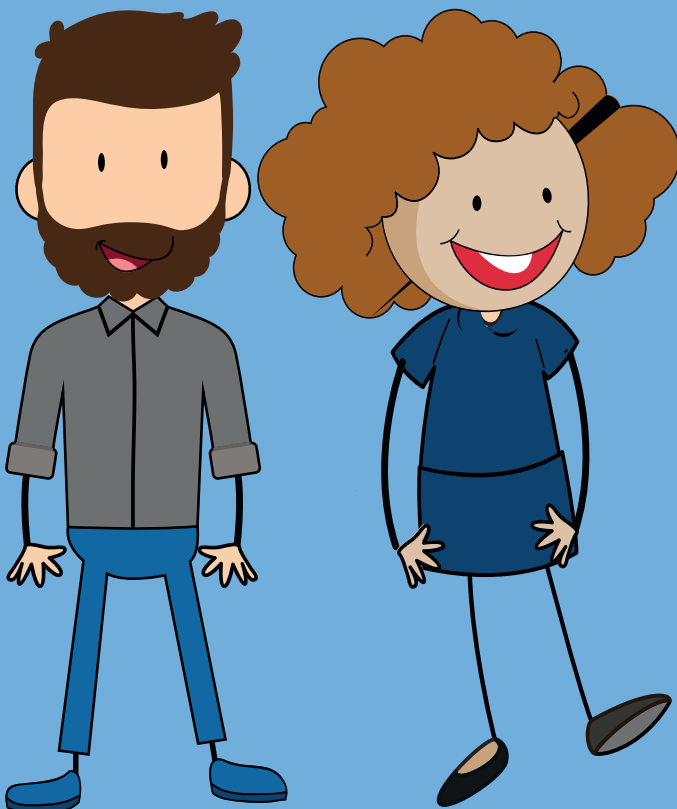


Hello, my name is

I am your social worker

My contact number is

Hi, I'm your social worker, and
my job is to help you. You can
share your thoughts and feelings
with me. I'm here to listen.

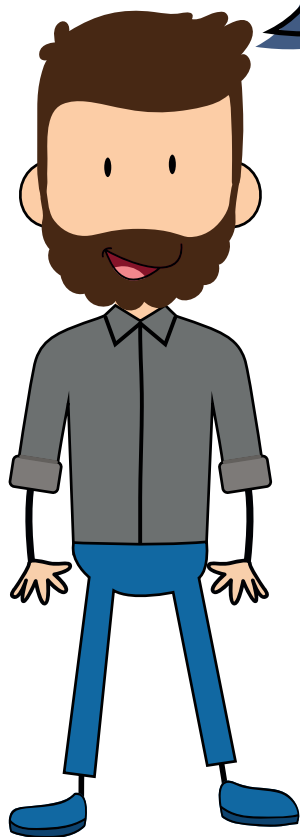


When you are ready I will talk to you about why you are in care and what might happen next.

Soon you may meet some people who work for education and health, I will explain who these people are and what they will do.

The people that look after you are there to make you feel safe, care for you and listen to you.

I will visit you every week for the first four weeks so we can get to know each other.



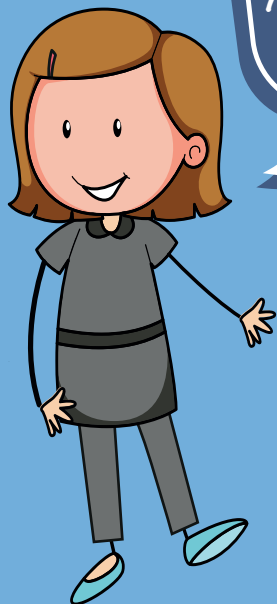
But for now this leaflet might help answer some of the questions you have when you come into care. Please ask your carer to read through it with you if you need help.

When you come into care, you will live with a foster carer or in a residential home.

Your foster carers are there to keep you safe, take care of you, and listen to you.

In your first week of being in care, we'll have a meeting. This meeting helps make sure your foster carer knows the important

things about you. Like what you enjoy eating, your favorite activities, where you go to school, and how they can best listen to and understand you.



We want to make sure you're healthy and strong. Someone from the health team will meet with you to ask about what you like to eat and the things you enjoy doing.

To make sure you have all the support you need in school we will also have Personal Education Plan meetings every term.



Children in Care Review meetings - we'll hold these every six months. We'll talk about things like your school, family, and plans for the future. The person in charge of this meeting is called an Independent Reviewing Officer (IRO). They will help make sure we are doing everything we should for you.

To support you in school, we'll also have Personal Education Plan (PEP) meetings every term. We will meet with you, your carers and your school to talk about how school is going and whether you need any extra help.



I know you'll want to know when you can see the people who are important to you. I'll help arrange this and will try to make sure you see your family or those special to you within your first week in care.

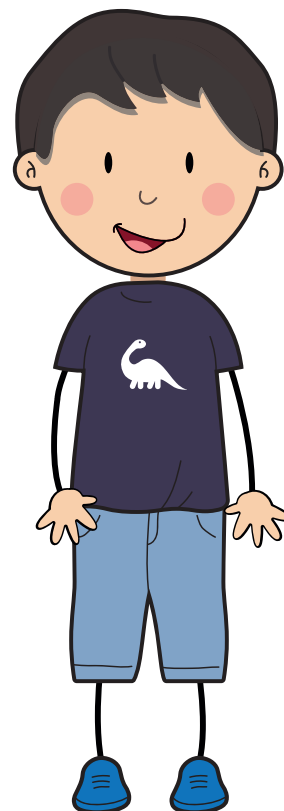
Sometimes it takes a little longer. Not everyone can meet at the same time. We understand how important this is to you, and it's important to us too.

*Your advocate can help
you tell people what you
feel, want, and need.*

VoiceAbility

Talk to an advocate, scan
the QR Code or phone

0300 303 1660



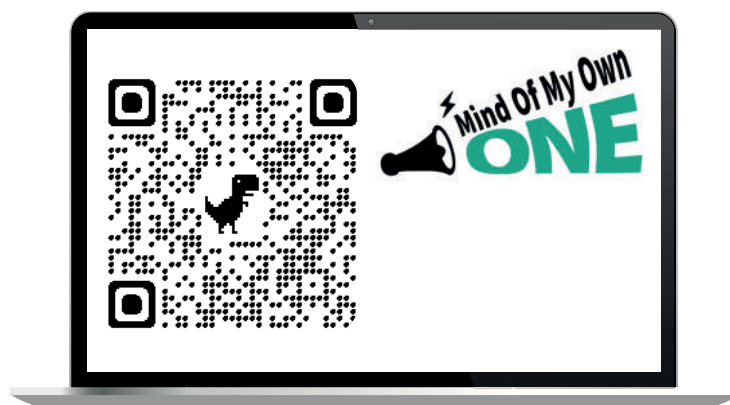
Sometimes, you might not feel like talking to someone but still want help or advice. If you have internet access on your phone or a computer, there are tools you can use.

Mind of My Own App - searchable in the app store

website care4us.co.uk

These have lots of helpful information and stories from other children that you might find interesting. If you need help using these, just ask your social worker or foster carer.

There's also a Participation Worker who organises activities and meetings just for children in care. These are a great way to meet other kids and talk about the things that matter to you.



The Children in Care Council (CICC) and CICC Juniors meet to make things better for children in care. Find out what's happening on the care4us.co.uk website or ask me if you'd like to know more!