

Children's Social Care

Me and my REVIEW



**This booklet will help you
with your review**

For young people ages 4 - 11 years



Meet Super Tiger!

Super Tiger is here to help children in care with their review books - he's super helpful and knows how to make things easy and fun! This book is all about you and your time in care. Let's go through it step by step:

Step one - Plan

A Children in Care (CIC) Review Meeting is all about you - how you're doing and what you want to happen while you're in care.

This is your workbook.

It's where you can:

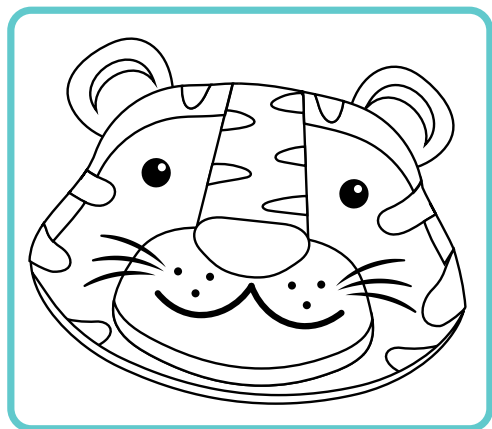
- Write, draw, or stick things in to share your thoughts.
- Tell us what you'd like to happen.

Get ready:

- Ask your foster carer to help if you need.
- Decide if you'd like to go to your review.

Do you want to go to your review?

If YES, colour the smiley face!



Who will be at your review?

Some people who care about you might be there, like:

- your teacher
- your foster carer
- your social worker
- your mum, dad, or grandparents
- a reviewing officer

fill in this review
booklet and send
it to your IRO

Who else do YOU want to come?

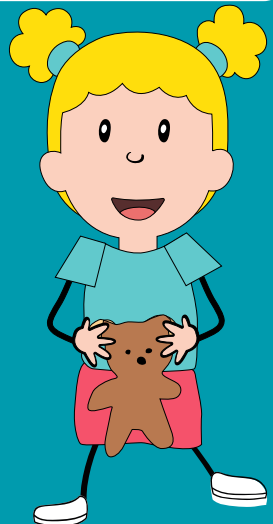
Write their names here.

Don't want someone to come?

Let us know so we can make sure you're comfortable.



Your foster carer,
social worker and
reviewing officer
will be at your
review



Fill in your views for your review...

Step two - Do!

My name

We hope to see you there!

Date

Time

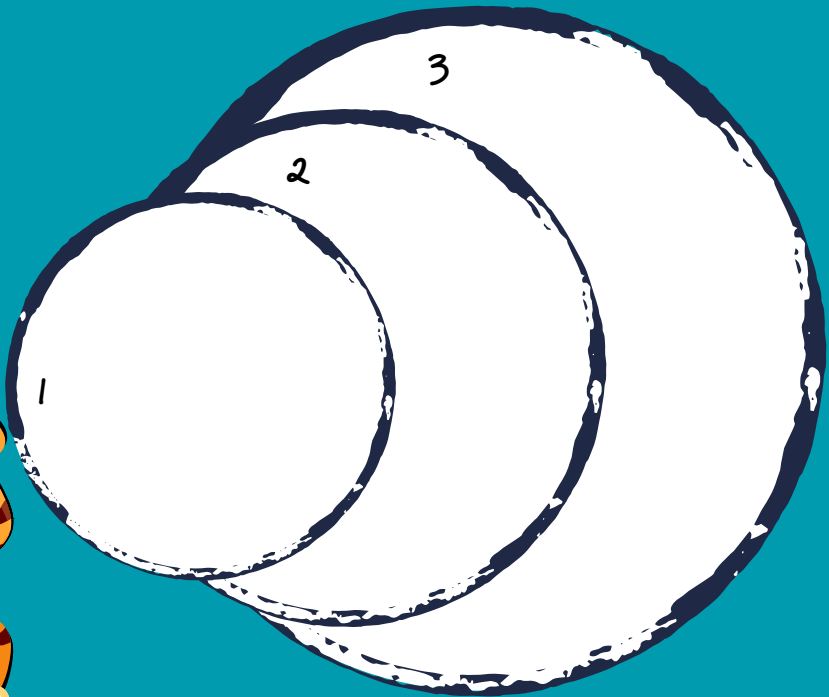
Venue



Tell us things about you!

Super Tiger
says

- Write the most important things in your life in the first circle
- Write or draw the things that matter quite a lot in the second circle
- Write or draw the things that matter a little bit in the third circle



Fill in your views for your review

Three things about Super Tiger:

1. Helps people.
2. A good listener.
3. A fast runner!



Three words to describe me

1. _____
2. _____
3. _____

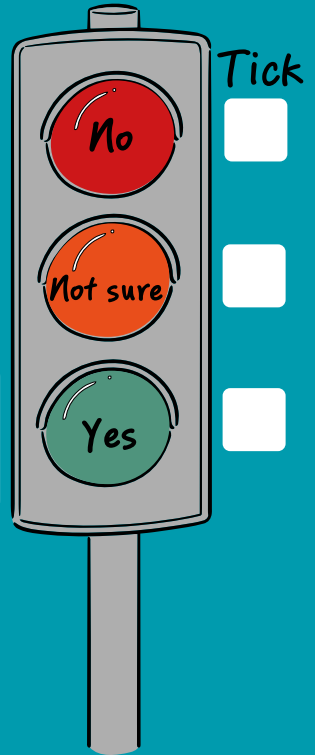
Things I'd like to do

Fill in your views for your review

Do you like where you are living now?

Tick the traffic light!

Please say why



Likes and dislikes!

Tell us the good bits and the not so good

What I like about my foster home

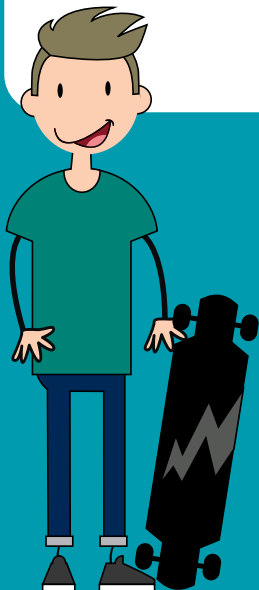
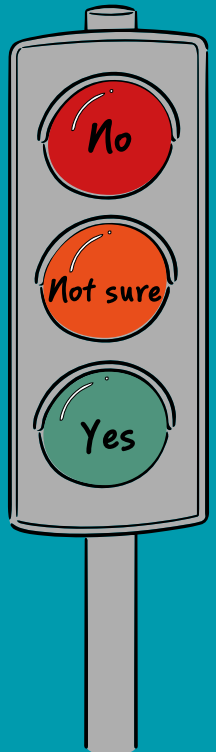
What I don't like about my foster home

My Family and Friends

Who is important to you?

Are you happy about how often you see your family?

Tick



My Hobbies

What sort of things do you like doing?

(Make a list of hobbies)

Are you involved in any clubs?

E.g. Scouts / Rainbows / Karate/ Dance/ Gym

Do you have any religious beliefs that you follow? - tick any that might be important to you

Going to special classes for religious instruction

Going to a particular school

Wearing your traditional dress

Not having your hair cut

Eating, or not eating, certain foods

My feelings

Things that make me happy are:

Things that make me sad are:

Super Tiger is sad when
other people call him
names

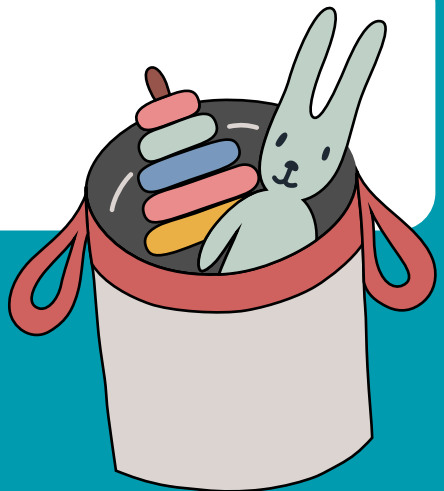


My future

Do you understand why you are in care?

What are your dreams for the future?

Do you have a life story book or a memory box



My personal contacts

Name	Telephone number	Email

VoiceAbility

If you feel you are not being listened to Voice Ability could help. Talk to an advocate, scan the QR Code or phone 0300 303 1660



Useful Contacts

Social Care Direct 0345 8 503 503

Visit the website for looked after children and young people in Wakefield at: www.care4us.co.uk

If you would like to do activities with other children in care ask your carer to contact your participation worker on **01924 305118**

Dear Carer,

Please return the form to the Independent Reviewing Officer before the meeting.
Safeguarding & Reviewing Unit, Five Towns Centre, Castleford WF10 1DP
Scan or photograph and email to irocicreview@wakefield.gov.uk