

Children's Social Care

# Me and my REVIEW



**This booklet will help you  
with your review**

For young people ages 4 - 11 years



# Meet Super Tiger!

Super Tiger is here to help children in care with their review books - he's super helpful and knows how to make things easy and fun! This book is all about you and your time in care. Let's go through it step by step:

## Step one - Plan

A Children in Care (CIC) Review Meeting is all about you - how you're doing and what you want to happen while you're in care.

## This is your workbook.

### It's where you can:

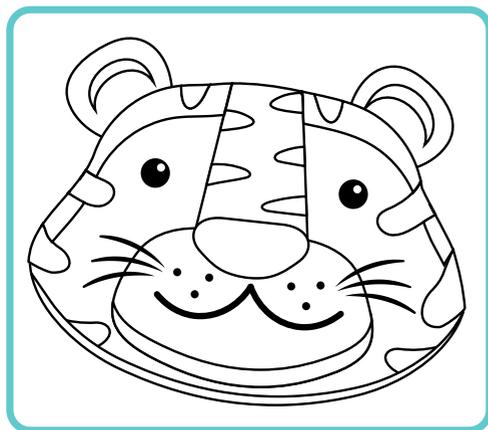
- Write, draw, or stick things in to share your thoughts.
- Tell us what you'd like to happen.

### Get ready:

- Ask your foster carer to help if you need.
- Decide if you'd like to go to your review.

## Do you want to go to your review?

If YES, colour the smiley face!



## Who will be at your review?

Some people who care about you might be there, like:

- your teacher
- your foster carer
- your social worker
- your mum, dad, or grandparents
- a reviewing officer

fill in this review  
booklet and send  
it to your IRO

## Who else do YOU want to come?

Write their names here.

## Don't want someone to come?

Let us know so we can make sure you're comfortable.



Your foster carer,  
social worker and  
reviewing officer  
will be at your  
review



Fill in your views for your review...

## Step two - Do!

My name

### We hope to see you there!

Date

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Time

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Venue

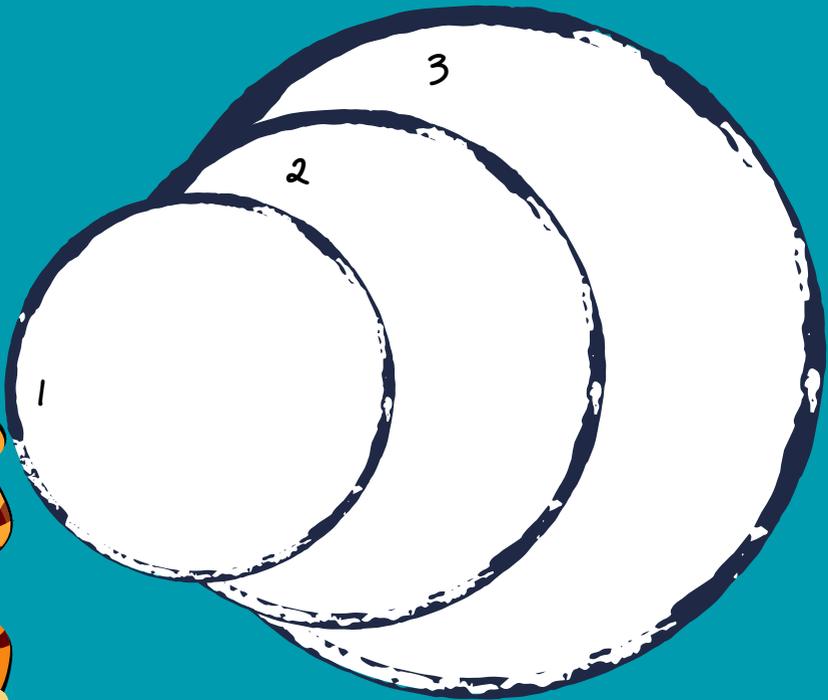
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Tell us things about you!

Super Tiger  
says

- Write the most important things in your life in the first circle
- Write or draw the things that matter quite a lot in the second circle
- Write or draw the things that matter a little bit in the third circle



## Fill in your views for your review



### Three things about Super Tiger:

1. Helps people.
2. A good listener.
3. A fast runner!

### Three words to describe me

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

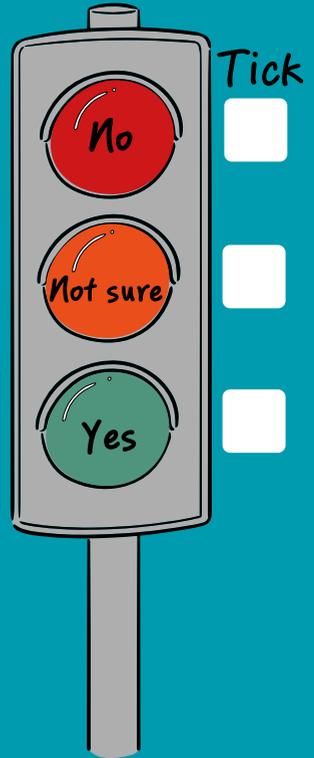
### Things I'd like to do

*Fill in your views for your review*

**Do you like where you are living now?**

Tick the traffic light!

**Please say why**



*Likes and dislikes!*

Tell us the good bits and the not so good

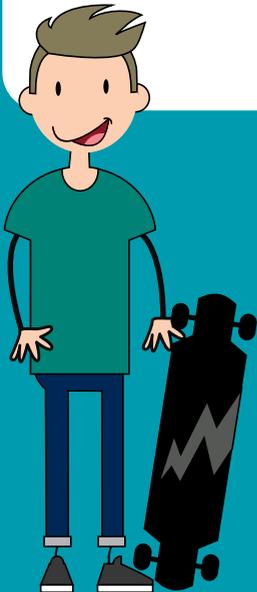
**What I like about my foster home**

**What I don't like about my foster home**

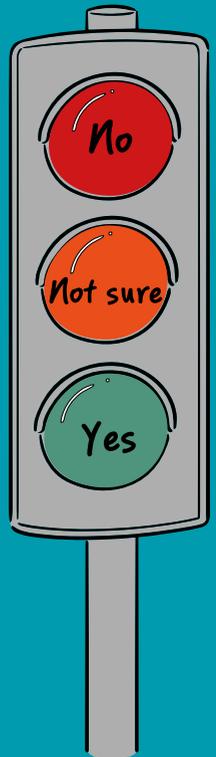
# My Family and Friends

Who is important to you?

Are you happy about how often you see your family?



Tick



# My Hobbies

**What sort of things do you like doing?**

(Make a list of hobbies)

**Are you involved in any clubs?**

E.g. Scouts / Rainbows / Karate/ Dance/ Gym

**Do you have any religious beliefs that you follow? - tick any that might be important to you**

- Going to special classes for religious instruction**
- Going to a particular school**
- Wearing your traditional dress**
- Not having your hair cut**
- Eating, or not eating, certain foods**

# My feelings

Things that make me happy are:

Blank space for writing things that make me happy.

Things that make me sad are:

Blank space for writing things that make me sad.

Super Tiger is sad when  
other people call him  
names



# My future

**Do you understand why you are in care?**

**What are your dreams for the future?**

**Do you have a life story book or a memory box**



# My personal contacts

Name	Telephone number	Email

## VoiceAbility

If you feel you are not being listened to Voice Ability could help. Talk to an advocate, scan the QR Code or phone 0300 303 1660



## Useful Contacts

**Social Care Direct 0345 8 503 503**

Visit the website for looked after children and young people in Wakefield at: [www.care4us.co.uk](http://www.care4us.co.uk)

If you would like to do activities with other children in care ask your carer to contact your participation worker on **01924 305118**

Dear Carer,

Please return the form to the Independent Reviewing Officer before the meeting.

Safeguarding & Reviewing Unit, Five Towns Centre, Castleford WF10 1DP

Scan or photograph and email to [irocicreview@wakefield.gov.uk](mailto:irocicreview@wakefield.gov.uk)